

Welcome to Milford, Connecticut

County: New Haven
Population: 52,759
Square Miles: 26.2
Government: Mayor
Distance to Major Cities:
Boston: 147 miles
Hartford: 49 miles
New York City: 72 miles



Founded in 1639, Milford, “A Small City with a Big Heart”, is the sixth oldest town in Connecticut. The city is a diverse residential community that offers a charming harbor, some of Connecticut’s most expansive, beautiful beaches, and a sprawling town green – the second longest in New England. A diversified industrial community supports the town’s economy, featuring BIC and Subway corporate headquarters.

Milford is located in southwestern New Haven County, and easily accessible from Routes 1 and 15, and I-95. Sikorsky Memorial Airport is a short 10-minute ride; both Westchester County Airport and Bradley International Airport are approximately an hour away. Metro North provides train service from the Milford station.

Children in Milford attend eight elementary schools, three middle schools, and three high schools.

There are a number of neighborhoods that offer a variety of residential and architectural lifestyle choices, including Victorian, historic colonial, contemporary, and elegant waterfront properties. Neighborhoods throughout town consist of modest single-family homes, new developments, apartment buildings and condominiums. The city includes the incorporated borough of Woodmont (known as “Woodmont On the Sound”), and the unincorporated village of Devon.

The town has multiple boat launches, marinas and city beaches. The Marina at the riverfront downtown is one of the most scenic and charming parts of the city. It is a lovely place to watch the boats or take a walk along the docks. Silver Sands State Park entices beachgoers and walkers with its beautiful beach and a wonderful three-quarter-mile boardwalk. The Connecticut Audubon Coastal Center at Milford Point has been a popular destination for birding, as well as The Smith-Hubbell Wildlife Refuge, an 8.4-acre barrier beach, and the adjoining 840-acre Charles E. Wheeler Salt Marsh, all havens for shoreline birds and migrating waterfowl. Nature programs, including guided canoe trips, lectures, and family activities are popular seasonal activities.

The Milford Arts Council, located in a landmark railroad station, provides a wide array of artistic opportunities that support and foster cultural growth for Milford and surrounding communities. Recreational facilities include The Milford Ice Skating Pavilion, a great venue for skaters who prefer warmer temps indoors. The Pavilion offers skate rentals, league play, and collegiate games.

The long, narrow Milford Green is one of the largest in the state, and also known for the popular Oyster Festival held each summer, where renowned musicians have performed. All ages can enjoy carnival rides, crafts, and more. “After the Fall” and “This Wretched Life” are among the many movies filmed in Milford.

Principal industries include: electric power generation, healthcare (Milford Hospital, a full-service health center, services the community), financial services, and software design.